

The Ossau Valley

NIV
4

GRP Tour de la Vallée d'Ossau

Variante Col d'Aubisque / Aas

This beautiful high-altitude walk takes you along the ridge from the Col d'Aubisque to the Montagne Verte. The breathtaking views along the entire route take in the whole valley and the high peaks. Do watch your step, though! Fresh air and wide-open spaces guaranteed!



- D** Set off to the left of the hotel, climb up to the ridge, then cross over. 3h45
- 0h30** **1 716535 E - 4762669 N** At the Col de Noulatte, turn right and climb to the summit of the Soum de Grum (1,870 m) – a round trip. On your return, head straight ahead onto the Andreyt ridge. At the end of the ridge, descend slightly to the right. 3h55
- 2h00** **2 715003 E - 4763082 N** On the left, head towards an area with ruins. Pass the Col d'Andreyt, then descend into a rocky scree slope. Follow a path along the hillside. Descend alongside a low wall on the left. 4h05
- 2h45** **3 715688 E - 4762128 N** On the right, pass the Col de la Cure. Join the Lazive ridge. At the summit, head right along the ridge. Follow the main track, which winds around a few bends. 4h25
- 3h10** **4 713989 E - 4762175 N** On the left, head towards a barn. Pass over a drinking trough and then through a gate. Follow the path straight ahead. 4h45
- 3h20** **5 713597 E - 4762015 N** On the left, take a path along the hillside. Walk alongside a low wall on your right, then take the path on the left which passes beneath some small rocky outcrops. 5h00
- 6 712519 E - 4762217 N** At the pass, turn left, walk past a drinking trough, and descend in a series of hairpin bends along a sunken path down a large grassy slope. 5h30
- 7 713037 E - 4761742 N** When you reach a drinking trough, head down to the right along a small road. Walk past some houses.
- 8 712284 E - 4761735 N** Turn right and head downhill. Enter Aas and, at a wash house, turn left. Walk past the church and turn right. Continue downhill under the trees along a sunken track.
- 9 711193 E - 4762122 N** At Assouste, turn left onto the road. Head uphill, cross a bridge over the Valentin, a small reservoir and two tight bends.
- 10 711783 E - 4761348 N** Turn right, head downhill for about 300 m, then turn left. Head uphill, cross the D918 and take the road opposite that leads uphill. Pass some barns.
- 11 711153 E - 4761223 N** At a drinking trough on the left, take the level path.
- A 712490 E - 4761207 N** Arrival at the Eaux-Bonnes casino.



D Aubisque Pass

GPS WGS 84 UTM 30T
716927 E - 4761635 N



5h30



15,7km



400m

 **Yellow and red markers**

★ Don't miss:

- The breathtaking view from the Soum de Grum all the way to the village of Aas.
- The barns of the Montagne Verte.

⚠ Note:

- Take care when crossing the D918.
- Please close the gates.

The 'Beast of Eaux-Bonnes'

Born in 1834 in Aas, Jacques Orteig was an extraordinary mountaineer. An inquisitive and adventurous soul, he pioneered routes on the Balaïtous and made the second ascent of the Palas. A highly renowned guide during the heyday of the spa industry, his incredible feats cemented his reputation. In 1871, he completed the Eaux-Bonnes to Balaïtous route, covering the round journey in 19 hours. The following year, setting off from Eaux-Bonnes to climb the Pic de Ger and then the Arcizette, he scaled the Ossau and reached Pau in 18 hours and 30 minutes on foot. In the valley, the memory of his chamois-like agility lives on in the exposed route he pioneered – which bears his name – between the Val d'Arrius and the Arrémoulit refuge.



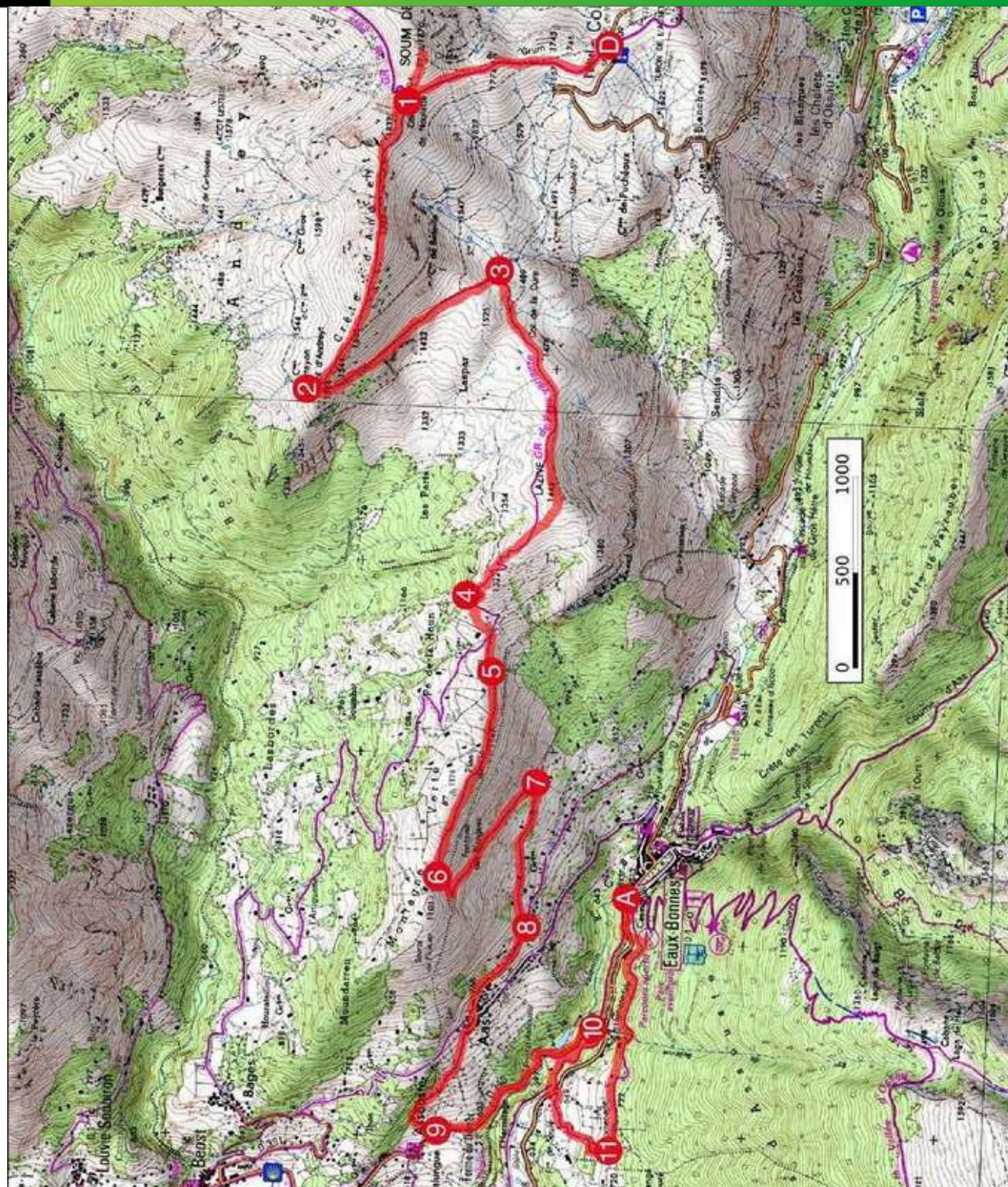
Made by:

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Information :

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All outdoor sports activities are available on the Vallée d'Ossau Pyrénées mobile app...
and on the website terredaventures.valleedossau.com

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Choose your hike

For each route, you will find technical and practical information to help you choose your hike

Levels of difficulty

The hikes are classified by order of difficulty defined by a colour code following the recommendations of the French Hiking Federation:

- NIV 1** Very easy, less than 2 hours walking. Ideal for families, on well-marked tracks
- NIV 2** Easy, less than 3 hours walking. Suitable for families, on tracks with sometimes more difficult passages.
- NIV 3** Difficult, less than 4 hours walking. For hikers used to walking, with some quite intense sections or steep slopes.
- NIV 4** Very difficult, more than 4 hours of walking. For experienced and fit hikers. The itinerary can be long and technical (strong elevation gain, tricky passages).

GPS Coordinates

 30T 710703O - 4776694N

D Start



Walking time, given in hours. This estimated time takes into account the length of the hike, the elevation gain and the possible difficulties.



Elevation gain, expressed in metres. For each circuit, the value corresponds to the cumulative elevation gain.



Distance, the value expressed in kilometres corresponds to the total length of the route.

Markers

Direction	Local routes and PR®	GRP®	GR®
Right way			
Turn left			
Turn right			
Wrong way			



GR®, GRP® and PR® are registered trademarks of the French Hiking Federation. Some routes have been selected by the French Hiking Federation according to quality criteria. They are PR® certified.

Recommendations

Before you leave

Check your equipment, the difficulty of the circuit and the weather conditions
If you are going alone, communicate your itinerary to friends and family
See the map of controlled fires

In the mountains / pastoral areas

Follow the marked paths and close gates after passing through
Respect nature and bring waste back
If accompanied by a dog, make sure that it is allowed on the chosen route and keep it on a lead
During the hunting season, avoid hunting areas or turn back
Go around herds and do not approach farm dogs (do not feed them or pet them)

National Park

The heart of the National Park is a natural territory and is open to all, but is subject to a code of conduct. Dogs are not allowed, even on a lead. No fires, no mountain bikes, no wild camping, only bivouacs are allowed - a small tent can be set up for the night from 7 pm and taken down in the morning before 9 am. It must be set up more than an hour's walk from any motorised access.

European emergency call : 112

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