

The Ossau Valley

LEV
4

Vallon du Soussoueu

This hike covers all the mountain landscapes, from forest to pasture, including scree slopes, canyons and sunny cliffs. The grandiose and wild atmosphere of this route will delight all experienced hikers.



D Leave from the bottom left of the car park, do not cross the Goua bridge and turn right onto a forest track that climbs up.

3h20 7 714867E 4754016N At the bottom, do not cross the stream, but follow the edge of the plateau to the right, passing the ruins of shepherds' huts and heading towards a track that starts at the bottom of the plateau on the right.

0h20 1 710408 E - 4753554 N 1 km further up, take a path on the left and then 100 m further on the right. Pass the Corniche des Ailhas, a ledge cut into the rock (with a cable to hold onto) then cross the bridge and continue.

3h30 8 714241 E - 4754039 N The track runs alongside the stream, goes into the forest and then climbs steeply via a track cut into the rocks. The track rises and falls through the forest, following the stream from above. You are back on the GR®10 at point 3.

0h55 2 711075 E - 4753735 N Turn right onto the GR®10 marked in red and white, towards Gourette.

5h00 9 711848 E - 4754036 N G Turn left and go down to point 2 then right to the Pont de Goua bridge. Cross the bridge and turn right to reach the car park 50 m away..

1h30 3 711848 E - 4754036 N Continue along the GR®10 to your left. As you leave the forest, find your footing on a ledge and follow it along; it is relatively flat.

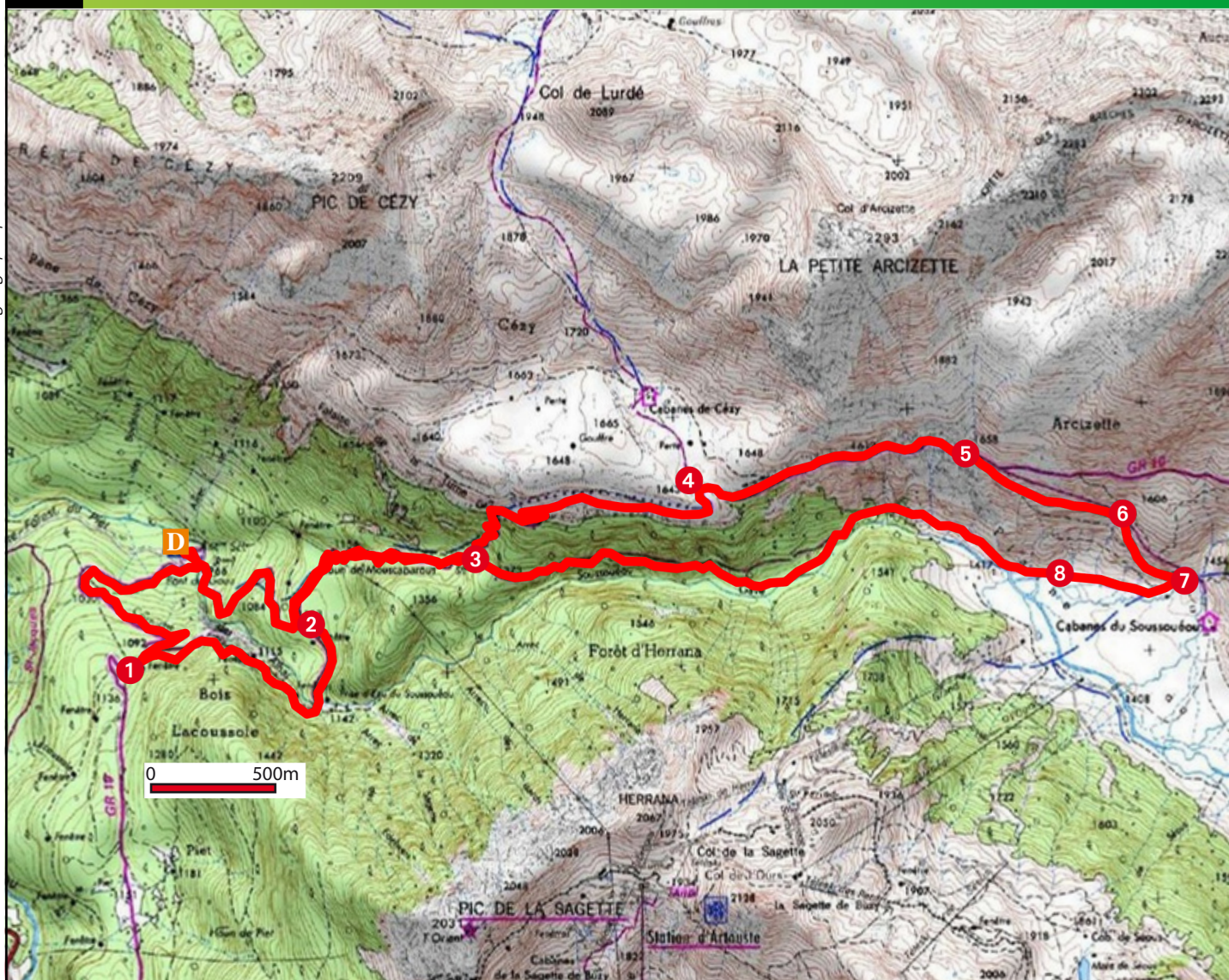
2h30 4 712782 E - 4754320 N At the Cezy plateau and the huts, follow the GR®10 on your right for about 1 km. As you pass by the foot of large cliffs, the view over the Soussouéou plain and the Pic Palas is grandiose.

2h50 5 713912 E - 4754491 N To the right, leave the GR®10 and head down towards the Cabane de Soussouéou along a steep path that winds over grassy slopes and slabs of rock.

3h10 6 714617 E - 4754237 N As you go down, take the steepest path on the right, which twists and turns.



*Dog rose, the rose of the Pyrenees.
It smells absolutely lovely!*



D At the Pont de Goua car park downstream from Gabas

GPS WGS 84 UTM 30T
710580E - 4753993N

→ 6h

13,7km

910m

★ Don't miss:

- The panoramic view

⚠ Note:

- The route can be dizzying for those sensitive to heights.
- The path is often narrow and stony, and experience walking in the mountains is essential.
- Dogs must be on a leash on the plateau, many herds are present.

Yellow markers

Hydroelectricity

At the beginning of the 20th century, the Compagnie des Chemins de Fer du Midi launched a major programme to build power stations and water reservoirs in the Ossau Valley. The engineers achieved a true feat, creating a network of underground pipes and water intakes from the streams across the mountain.

This network connects the dams together, ending in penstocks to supply the turbines of the power stations below. The Ossau Valley has nearly 100 km of underground galleries. Today, the Société Hydroélectrique du Midi (SHEM), a subsidiary of GDF, manages the hydroelectric production.



Made by:

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Information :

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All outdoor sports activities are available on the Vallée d'Ossau Pyrénées mobile app...
and on the website terredaventures.valleedossau.com

Choose your hike

For each route, you will find technical and practical information to help you choose your hike

Levels of difficulty

The hikes are classified by order of difficulty defined by a colour code following the recommendations of the French Hiking Federation:

- NIV 1** Very easy, less than 2 hours walking. Ideal for families, on well-marked tracks
- NIV 2** Easy, less than 3 hours walking. Suitable for families, on tracks with sometimes more difficult passages.
- NIV 3** Difficult, less than 4 hours walking. For hikers used to walking, with some quite intense sections or steep slopes.
- NIV 4** Very difficult, more than 4 hours of walking. For experienced and fit hikers. The itinerary can be long and technical (strong elevation gain, tricky passages).

GPS Coordinates

GPS 30T 710703O - 4776694N

D Start



Walking time, given in hours. This estimated time takes into account the length of the hike, the elevation gain and the possible difficulties.



Elevation gain, expressed in metres. For each circuit, the value corresponds to the cumulative elevation gain.



Distance, the value expressed in kilometres corresponds to the total length of the route.

Markers

Direction	Local routes and PR®	GRP®	GR®
Right way			
Turn left			
Turn right			
Wrong way			



GR®, GRP® and PR® are registered trademarks of the French Hiking Federation. Some routes have been selected by the French Hiking Federation according to quality criteria. They are PR® certified.

Recommendations

Before you leave

Check your equipment, the difficulty of the circuit and the weather conditions
If you are going alone, communicate your itinerary to friends and family
See the map of controlled fires

In the mountains / pastoral areas

Follow the marked paths and close gates after passing through
Respect nature and bring waste back
If accompanied by a dog, make sure that it is allowed on the chosen route and keep it on a lead
During the hunting season, avoid hunting areas or turn back
Go around herds and do not approach farm dogs (do not feed them or pet them)

National Park

The heart of the National Park is a natural territory and is open to all, but is subject to a code of conduct. Dogs are not allowed, even on a lead. No fires, no mountain bikes, no wild camping, only bivouacs are allowed - a small tent can be set up for the night from 7 pm and taken down in the morning before 9 am. It must be set up more than an hour's walk from any motorised access.

European emergency call : 112

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and on the website terredaventures.valleedossau.com