

# The Ossau Valley

LEV  
3

## Le vallon d'Aas de Bielle



*This route goes through a wild valley that is only occupied in the summer by herds of cows and horses. After climbing through the forest and crossing pastures, the climb to the pass at 2140 m offers a superb panoramic view over the mountains of the Aspe Valley.*

**D** From Bious-Oumette, go up the track that cuts across the zig-zags of the road to the dam. Continue along the lakeside track around a small hill to get to the dam itself. Follow the trail around the lake to the left for 200 m. After crossing a concrete ford, there is a junction with a path to the right.

**0h20 1 707653 E - 4749365 N** Go up the wide path that climbs steeply through the forest of beech and fir trees.

**0h30 2 707410 E - 4749354 N** Cross a forest track and continue straight up through the forest and clearings to the upper edge. Just after the forest, walk to the Cabane d'Aas de Bielle.

**1h15 3 706440 E - 4749274 N** From the hut, turn right. After a short steep climb, head for the foot of the cliff that dominates on the right.

**1h20 4 706334 E - 4749319 N** The well-marked path continues to the left along the lower side of the cliff. It heads steadily uphill through the pastures before crossing a small talweg.

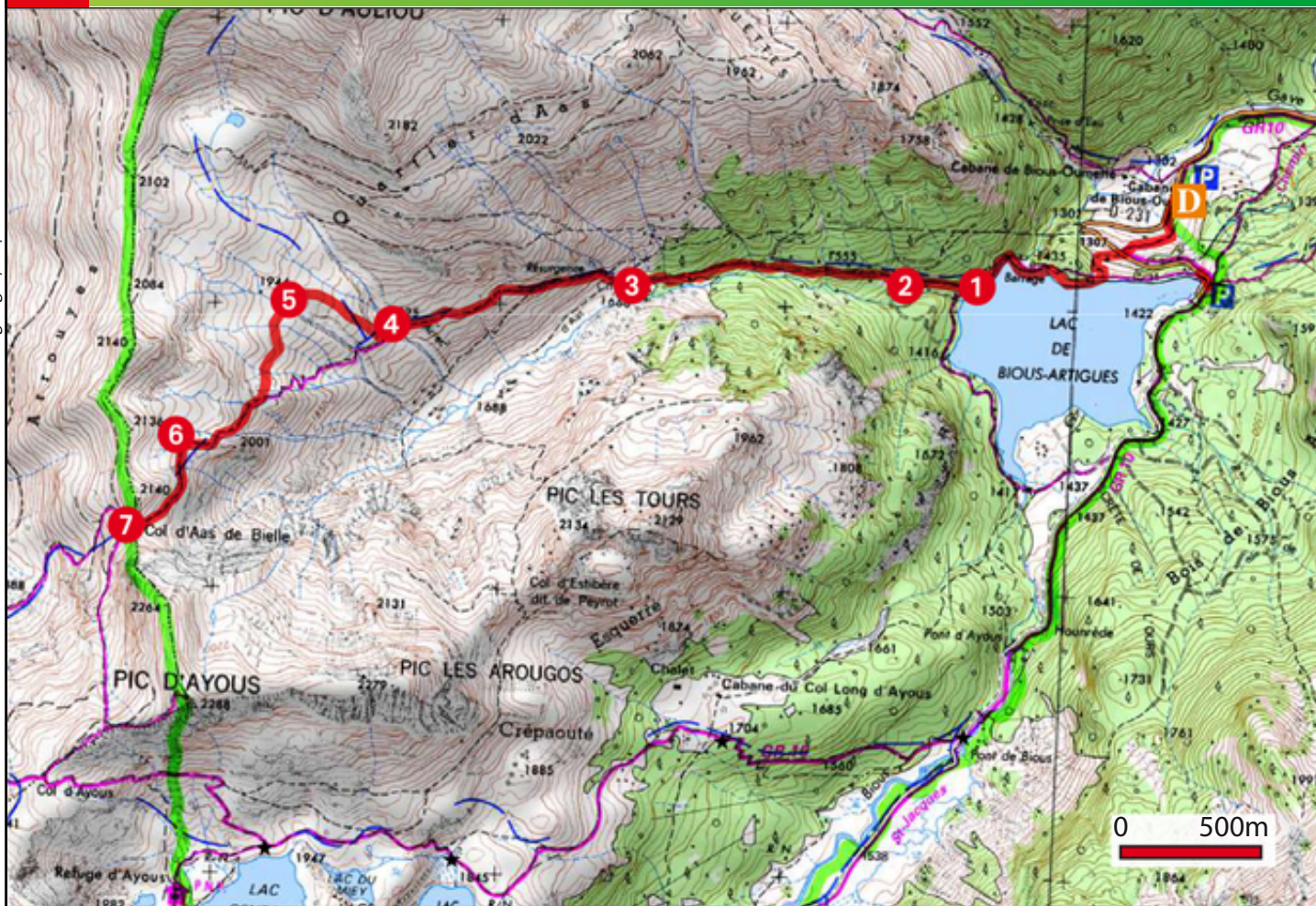
**2h00 5 705616 E - 4749087 N** From here, the track is less clear. Keep climbing to the right following the edge of the talweg and then when it flattens off, head towards the holding pen on the left.

**2h15 6 705246 E - 4749145 N** Head towards the pass on a balcony-like track that crosses to the left, first horizontally, then up to a series of ridges to finish below the pass.

**2h50 7 704772 E - 4748308 N** Col d'Aas de Bielle 2098 m. The return journey is made by the same route.



*Blonde of the Pyrenees.*



**D** Biou-Oumette  
car park area

**GPS** WGS 84 UTM 30T  
**708344 E – 4749824 N**

→ 4h30

10,1km

800m

**Signs on yellow background  
(no trail markers)**

#### ★ Don't miss:

- The hut and its "outdoor furniture".
- The marmot colony as you get to the pass.
- The view of the mountains of the Cirque de Lescun (Aspe Valley).

#### ⚠ Note:

- Do not attempt this route in foggy weather, especially from the hut.
- The track crosses through many herds on the grazing areas.

#### The Capercaillie

A symbol of mountain wildlife, the capercaillie is a member of the grouse family, and occupies the great Pyrenean forests of pine and fir trees.

This gallinaceous bird is known for its impressive courtship rituals. These take place every spring in the same locations. The males perform a dance with their tails on display, their wings hanging and their heads erect, letting out their characteristic cry. They look as if they are in a trance, leaving the hens to choose their partner.

The population is stable in the Pyrenees, but remains under surveillance because of disturbances caused by logging and tourism.



#### Made by:

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#### Information :

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All outdoor sports activities are available on the Vallée d'Ossau Pyrénées mobile app...  
and on the website [terredaventures.valleedossau.com](http://terredaventures.valleedossau.com)

# Choose your hike

For each route, you will find technical and practical information to help you choose your hike

## Levels of difficulty

The hikes are classified by order of difficulty defined by a colour code following the recommendations of the French Hiking Federation:

- NIV 1** Very easy, less than 2 hours walking. Ideal for families, on well-marked tracks
- NIV 2** Easy, less than 3 hours walking. Suitable for families, on tracks with sometimes more difficult passages.
- NIV 3** Difficult, less than 4 hours walking. For hikers used to walking, with some quite intense sections or steep slopes.
- NIV 4** Very difficult, more than 4 hours of walking. For experienced and fit hikers. The itinerary can be long and technical (strong elevation gain, tricky passages).

## GPS Coordinates

**GPS** 30T 710703O - 4776694N

## D Start



Walking time, given in hours. This estimated time takes into account the length of the hike, the elevation gain and the possible difficulties.



Elevation gain, expressed in metres. For each circuit, the value corresponds to the cumulative elevation gain.



Distance, the value expressed in kilometres corresponds to the total length of the route.

## Markers

| Direction  | Local routes and PR® | GRP® | GR® |
|------------|----------------------|------|-----|
| Right way  |                      |      |     |
| Turn left  |                      |      |     |
| Turn right |                      |      |     |
| Wrong way  |                      |      |     |



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## Recommendations

### Before you leave

Check your equipment, the difficulty of the circuit and the weather conditions  
If you are going alone, communicate your itinerary to friends and family  
See the map of controlled fires

### In the mountains / pastoral areas

Follow the marked paths and close gates after passing through  
Respect nature and bring waste back  
If accompanied by a dog, make sure that it is allowed on the chosen route and keep it on a lead  
During the hunting season, avoid hunting areas or turn back  
Go around herds and do not approach farm dogs (do not feed them or pet them)

### National Park

The heart of the National Park is a natural territory and is open to all, but is subject to a code of conduct. Dogs are not allowed, even on a lead. No fires, no mountain bikes, no wild camping, only bivouacs are allowed - a small tent can be set up for the night from 7 pm and taken down in the morning before 9 am. It must be set up more than an hour's walk from any motorised access.

### European emergency call : 112

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and on the website [terredaventures.valleedossau.com](http://terredaventures.valleedossau.com)