

The Ossau Valley

LEV
1

Les chênes



This little loop on the heights of Buzy provides an easy introduction to the oak woods and ferns of the Pyrenean Piedmont.

D Start at Place du Prat. Cross the bridge and continue straight ahead. Go up to the road. At the top...

0h20 **1 706575E - 4777711N** Turn right. Go past the camping grounds.

0h25 **2 706310E - 4777823N** Turn left down a path between oak trees. After about 100 metres, turn right and then left. Continue downhill into the woods. As you come out of the woods and under a high voltage line.

0h35 **3 706086E - 4777401N** Turn right into a fern grove, then right again. Pass under some lovely oak trees and through another fern grove.

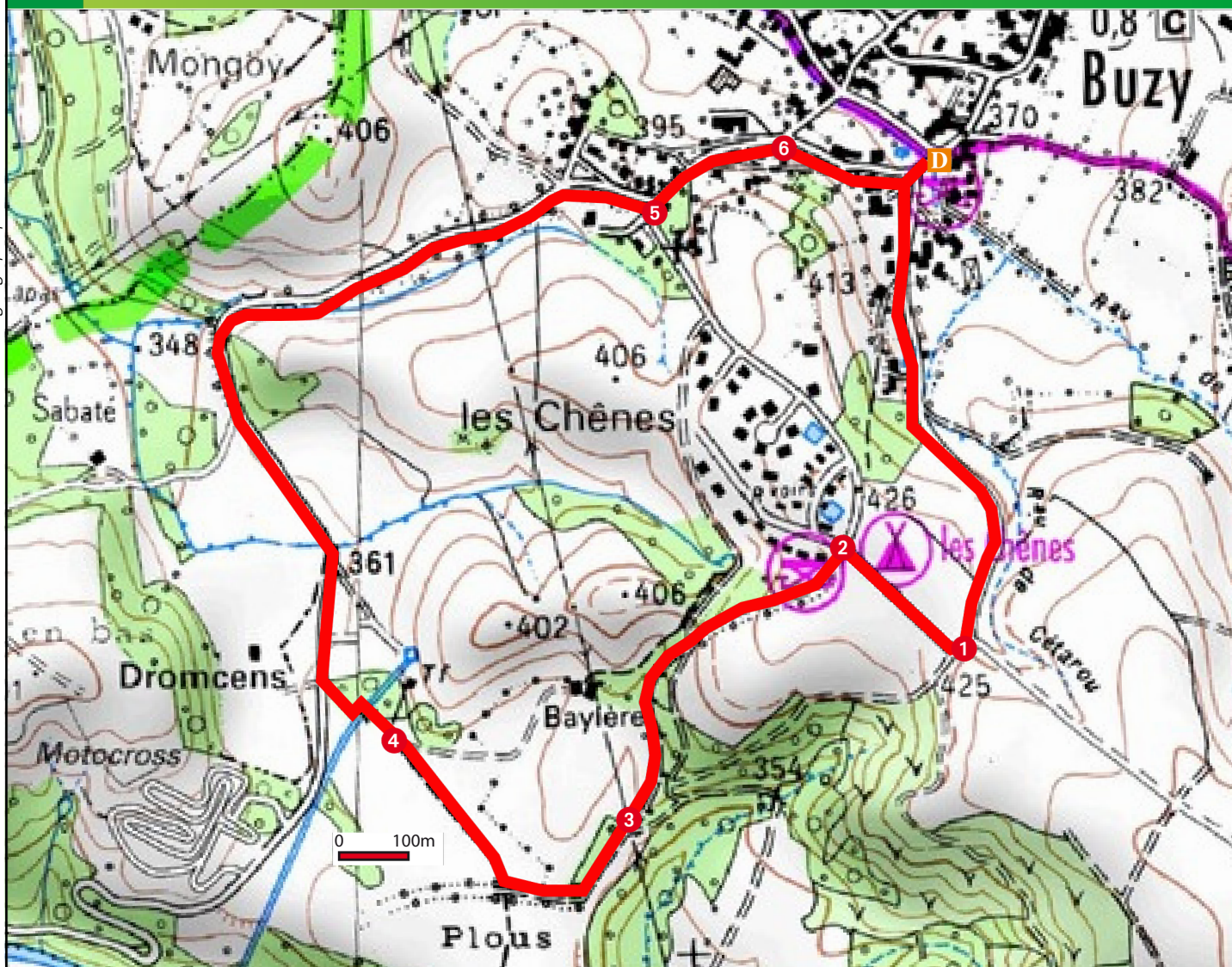
0h45 **4 705746E - 4777511N** Turn left onto the gravel track. Cross a bridge over a canal and a water pipe. Continue on the track and then turn right onto the road.

1h15 **5 706077E - 4778300N** Turn left on Rue du Bourguet.

1h20 **6 706252E - 4778397N** Then right onto rue Casamayou until you get to Place du Prat.



Paisaje del piedemonte



D Village of Buzy,
Place du Prat

GPS WGS 84 UTM 30T
706485E - 4778386N

→ 1h30

3,8km

90m

Don't miss:

- The beautiful oak trees
- The view over the Bager woods, especially in autumn.

Yellow markers

The Pyrenean Piedmont

What is known as the Pyrenean Piedmont is the hilly area between the Gave de Pau and the first foothills of the Pyrenees. From a meteorological point of view, it is also the barrier where disturbances from the Atlantic are blocked, creating a more humid climate than in the mountains.

Maize is grown here, beautiful pastures are cultivated and not only dairy cows and sheep are raised, but also the "Blonde d'Aquitaine", the region's emblematic beef cows. The beautiful Béarnaise farms that dot this green landscape are a testament to the richness of this countryside.



Made by:

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Information :

Ossau Valley Tourist Office, Pyrenees - Headquarters in Laruns - +33 (0)5 59 05 31 41
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All outdoor sports activities are available on the Vallée d'Ossau Pyrénées mobile app...
and on the website terredaventures.valleedossau.com

Choose your hike

For each route, you will find technical and practical information to help you choose your hike

Levels of difficulty

The hikes are classified by order of difficulty defined by a colour code following the recommendations of the French Hiking Federation:

- NIV 1** Very easy, less than 2 hours walking. Ideal for families, on well-marked tracks
- NIV 2** Easy, less than 3 hours walking. Suitable for families, on tracks with sometimes more difficult passages.
- NIV 3** Difficult, less than 4 hours walking. For hikers used to walking, with some quite intense sections or steep slopes.
- NIV 4** Very difficult, more than 4 hours of walking. For experienced and fit hikers. The itinerary can be long and technical (strong elevation gain, tricky passages).

GPS Coordinates

GPS 30T 710703O - 4776694N

D Start



Walking time, given in hours. This estimated time takes into account the length of the hike, the elevation gain and the possible difficulties.



Elevation gain, expressed in metres. For each circuit, the value corresponds to the cumulative elevation gain.



Distance, the value expressed in kilometres corresponds to the total length of the route.

Markers

Direction	Local routes and PR®	GRP®	GR®
Right way			
Turn left			
Turn right			
Wrong way			



GR®, GRP® and PR® are registered trademarks of the French Hiking Federation. Some routes have been selected by the French Hiking Federation according to quality criteria. They are PR® certified.

Recommendations

Before you leave

Check your equipment, the difficulty of the circuit and the weather conditions
If you are going alone, communicate your itinerary to friends and family
See the map of controlled fires

In the mountains / pastoral areas

Follow the marked paths and close gates after passing through
Respect nature and bring waste back
If accompanied by a dog, make sure that it is allowed on the chosen route and keep it on a lead
During the hunting season, avoid hunting areas or turn back
Go around herds and do not approach farm dogs (do not feed them or pet them)

National Park

The heart of the National Park is a natural territory and is open to all, but is subject to a code of conduct. Dogs are not allowed, even on a lead. No fires, no mountain bikes, no wild camping, only bivouacs are allowed - a small tent can be set up for the night from 7 pm and taken down in the morning before 9 am. It must be set up more than an hour's walk from any motorised access.

European emergency call : 112

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